

GYM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>CHAD</i> 10:00 - 10:55	<i>UPLIFT</i> 10:00 - 10:55	<i>BCNC</i> 10:00 - 10:55	<i>UPLIFT</i> 10:00 - 10:55	<i>BCNC</i> 10:00 - 10:55	Open Volleyball 12:00 - 4:00
<i>Red Oak</i> 11:00 - 11:55	<i>Red Oak</i> 11:00 - 11:55	<i>Red Oak</i> 11:00 - 11:55	<i>Red Oak</i> 11:00 - 11:55	<i>BASE</i> 11:00 - 11:55	
<i>BCNC Staff Time</i> 12:00 - 12:55					Badminton 1/2 court 4:00 - 6:00
<i>PD</i> 1:00 - 2:00	<i>BCNC</i> 1:00 - 2:00	<i>BCNC</i> 1:00 - 2:00	<i>CHAD</i> 1:00 - 2:00	<i>BCNC</i> 1:00 - 2:00	Karate 1/2 court 4:00 - 6:00
<i>Red Oak</i> 2:30 - 3:15	<i>Red Oak</i> 2:30 - 3:15	<i>Red Oak</i> 2:30 - 3:15	<i>Red Oak</i> 2:30 - 3:15	<i>Red Oak</i> 2:30 - 3:15	Open Volleyball 6:00 - 9:45
<i>YES R.O.C.K.S.</i> 3:30 - 4:30	Strength Training 3:30 - 4:30	Strength Training 3:30 - 4:30	<i>Youth Center</i> 3:30 - 4:30	Open Gym 3:30 - 4:30	
<i>YC Dance</i> 4:30 - 6:30	Open Gym 5:30 - 6:30	<i>Youth Center</i> 4:30 - 6:00*	Open Gym 4:30 - 5:30	<i>Youth Center</i> 4:30 - 6:00	
<i>Kid's Karate</i> 6:30 - 7:30		<i>YES R.O.C.K.S.</i> 4:30 - 6:00	Open Badminton 5:30 - 7:45		
<i>Karate</i> 7:45-9:00	<i>BCNC</i> 6:30 - 9:00	<i>Dance Club</i> 6:00 - 9:00pm	<i>Kid's Karate</i> 6:00 - 7:30	Open Volleyball 6:40-9:45	
			<i>Karate</i> 7:45-9:00		

*denotes activity in activity room

POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Swim 11:00 - 11:50	<i>CHAD</i> 11:00 - 11:50	<i>CHAD</i> 11:00 - 11:50	Open Swim 11:00 - 11:50	<i>ACCESS</i> 11:00 - 11:50	<i>Swim Lesson</i> 12:15 - 1:00
Adult Swim 12:00 - 12:55	<i>UPLIFT</i> 12:00 - 12:50	Adult Swim 12:00 - 12:55	<i>UPLIFT</i> 12:00 - 12:50	<i>ACCESS</i> 12:00 - 12:50	<i>Swim Lesson</i> 1:00 - 1:45
Open Swim 1:00 - 1:55	Open Swim 1:00 - 1:50	Open Swim 1:00 - 1:55	<i>JQES Summer</i> 1:00 - 1:55	<i>BASE</i> 1:00 - 1:55	<i>Swim Lesson</i> 1:45 - 2:30
<i>Red Oak</i> 2:30 - 3:30	<i>Red Oak</i> 2:30 - 3:30	<i>Red Oak</i> 2:30 - 3:30	<i>Red Oak</i> 2:30 - 3:30	<i>Red Oak</i> 2:30 - 3:30	Open Swim 3:00 - 3:55
Open Swim 4:00 - 4:55	Open Swim 4:00 - 4:55	Open Swim 4:00 - 4:55	Open Swim 4:00 - 4:55	Open Swim 4:00 - 4:55	Adult Swim 4:00 - 4:55
Adult Swim 5:00 - 5:45	<i>Swim Lessons</i> 5:00 - 5:50	Adult Swim 5:00 - 5:45	<i>Swim Lessons</i> 5:00 - 5:50	Adult Swim 5:00 - 5:50	Open Swim 5:00 - 5:55
	<i>Swim Team</i> 6:00 - 7:45		<i>Swim Team</i> 6:00 - 7:45	Open Swim 6:00 - 6:50	Adult Swim 6:00 - 6:55
		Open Swim 8:00 - 8:45		Open Swim 8:00 - 8:45	Open Swim 8:00 - 8:45

Membership Fees Seniors FREE (65 years and up).			
	Adult (20 - 64yr)	Teen (13 - 19yr)	Child (4 - 12yr)
Yearly	\$75.00	\$50.00	\$30.00
Quarterly	\$35.00	\$25.00	\$15.00
Per Visit	\$5.00	\$3.00	\$1.00

A ratio of 20 swimmers per lifeguard is maintained at all times. BCNC reserves the right to restrict the number of swimmers.

All time slots highlighted in gray denotes programs open to members/drop-ins of all ages

Adult swim times are reserved for members/drop ins ages 18 and up